Q. -- -I don't understand how the interrupted circular E.C.F. patterns are executed.
A. - - The interrupted pattern is very easy: you just decide how far apart you want your cuts, e.g. every 3 rd hole of the 96 row, then you cut, say, $3,6,9,12,15,18,21$ miss 24 etc - miss 48,72 and 96 ; then you get 4 interrupts with bunches of 7 cuts. If you cut every 2 nd hole but miss every 12 th you will get 8 interrupts with bunches of 5 cuts. As the circles overlap you get the criss-cross pattern like tartan. It is essential that the ECF is precisely set up as, if it cuts deeper on one side or top or bottom the pattern won't work.

