

**Q:** How fast should I run the Ellipse Cutting Frame?

**A:** You should run this quite slow, slower than an Eccentric CF because the gears shouldn't be run too fast; I don't know the r.p.m. but I guess not more than 250 and possibly not even as high as that. The way I do it is to crank up the speed gradually with a variable speed motor until it cuts cleanly and sounds comfortable. If you get any shake you are going too fast. It is essential to glide it into cut very gently so you take off only a 'whisker' of material and put no strain on the cutting frame.